

PEER SUPPORT

PERSONLIG EGENERFAREN RESURS

The PEER Support project

The aim of PEER Support is to develop and establish a new professional role in the Swedish healthcare services: the professional peer supporter.

Peer support entails people with their own experience of mental ill health being trained to work as supporters within services that provide healthcare, support or rehabilitation. This has been tested successfully in other countries such as USA, the Netherlands and England for several years.

NSPH, National Partnership for Mental Health, will produce a national programme with guidelines and a framework for a Swedish education in peer support as well as training the first peer supporters in the country during 2016-18.

The training programme is provided in cooperation with four pilot counties – Stockholm, Skåne, Västra Götaland and Västerbotten – where the new peer supporters will be employed within health care services or social psychiatric units.

The aim of the Peer Support project is to establish peer support as a new, quality-assured, professional role in Sweden and to further the knowledge and awareness of the possibilities of peer support. The long-term aim is for peer support to be a natural part of the Swedish healthcare services and to be provided to users in different phases of their contacts with the healthcare services. It is a three-year project that started in March 2016 and is financed by the Swedish Inheritance Fund.

A reference group has been formed together with the CEPI research group at Lund University in order to follow up and secure the quality of the project – the focus will be on the results of the training programme and the subsequent peer support services.

Contact us if you want to know more about PEER Support – as a user, care provider, decision-maker or politically active!

PEER Support is run by NSPH and carried out in cooperation with Region Skåne, Stockholm town, Region Västra Götaland, Region Västerbotten and the CEPI research group.

For more information

www.nsph.se/projekt/peersupport
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